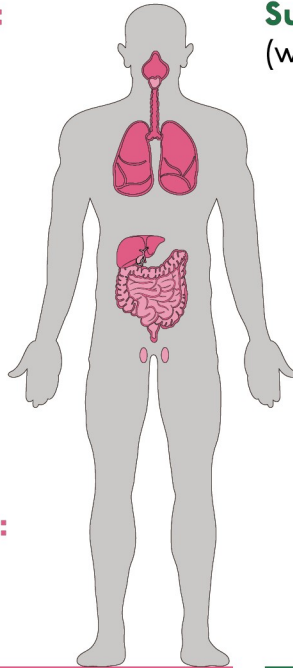


# More Conflicting Beliefs than Congruent Belief & Action

**Corresponding Octave:** B

**Possible Physical Association:**

- Liver nervous system
- Immune system
- Gallbladder
- Large intestines
- Colon - tendency to constipation due to lack of bile
- Esophagus, hernias, hiatal hernia, reflux
- Trachea, difficulty breathing or shortness of breath
- Sex Meridian



**Supportive Octave:** F  
(in attached MP3 - listen)

**Supportive Color:** Green  
(wear/glasses - incorporate)



**Green:** Supports joy, enthusiasm, creativity, success, change, balance, freedom, expression & fascination.

**Possible Emotional Influence:**

- Spiritually disconnected.

## Negative: Conflicting Beliefs

- Possible disparity between conscious beliefs, values & actions.
- May block connection to inspiration & faith, limiting sense of being present & grounded.
- Possibly spacey, contrary or demanding; distant & detached.
- May be triggered by traumatic experiences such as accidents, difficulty at birth or tragedies leading to beliefs like “life is hard”, “people are dangerous”, or “I will always fail” which conflict & interfere with conscious logical beliefs.
- May cause mental issues, nightmares, sleepwalking, or inability to maintain focus. Physical – poor coordination or lack of physical sensation.

## Positive: Congruent Belief & Action

- Subconscious energy releases & allows for being effortlessly & wholly focused on the present.
- Establishing a connection to the infinite.
- Increased peace of mind.