

Experiencing more Conditional Love than Unconditional Love

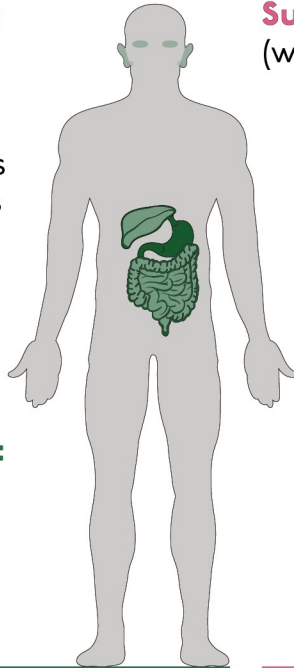
Corresponding Octave: F

Possible Physical Association:

- Pancreas
- Gastrointestinal digestion
- Pineal gland
- Duodenum, gastritis & ulcers
- Ears, auditory & optic nerves
- Mastoid bone problems, dizziness
- Sinusitis, asthma due to allergies
- Liver Meridian

Possible Emotional Influence:

- Procrastination & worry



Supportive Octave: B
(in attached MP3 - listen)

Supportive Color: Magenta
(wear/glasses - incorporate)



Magenta: Supports future, imagination, calm, spiritual enlightenment & grounding.

Negative: Conditional Love

- May be caused by immature emotional foundation, using rewards & punishments to communicate expectations & control others' behaviors... for own emotional needs.
- Possible passive-aggressive punishments (silent treatment or disapproving comments). Feels justified in judgments – they are right.
- Could subject self to same standards – berate & internalize negative beliefs.
- Possible poor self-care & inappropriate social boundaries. Ironically, may look for opportunities to serve.
- May attempt to generate emotional security through external conditions.
- May blame self for others unkind or unloving behaviors.
- May impair immune or lymphatic.

Positive: Unconditional Love

- Secure in emotional identity.
- Self-tolerance supports tolerance of others.
- Release of negative energy.
- Free to exercise mature methods of interacting with others.
- Acknowledges how expectations influence treatment of others.